



# CERTIFICATE

OF RECOGNITION

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wish to thank

*Prof/Dr/Mr/Ms.* **Magdalena M?ynarczyk**

*Central Institute for Labour Protection - National Research Institute, Poland*

for phenomenal and worthy Poster presentation  
at the “8th Edition of International Conference on Materials Science and  
Engineering” held on March 10-12, 2025 in Rome, Italy and Online

**Paulo Cesar De Morais**  
Catholic University of Brasilia, Brazil

**Stanislaw Dzwigaj**  
Sorbonne University, France

## Materials 2025

# Degradation of selected fibers as a function of maintenance cycles

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### Magdalena Mlynarczyk

*National Research Institute, Poland*

#### Title : Degradation of selected fibers as a function of maintenance cycles

#### Abstract:

With the growing issue of excess used textiles and their environmental impact, it is essential to explore solutions that extend the life cycle of clothing. Understanding how the morphology of different fiber types changes with maintenance cycles is also crucial for recommending suitable fibers for protective clothing, such as those designed, for example, intended for protection against heat.

In this study, at least three textile materials used in protective clothing intended for protection against heat—containing fibers such as viscose, cotton, and polymers—were analyzed. Materials intended for protective clothing against heat and compliant with the standards EN 11611, EN 11612, and EN 61482 were selected for the tests.

The materials were tested in their initial state and after undergoing 5, 25, and 50 maintenance cycles. All washing cycles were carried out according to EN ISO 6330 [30] at 60 °C (method 6N) and hanging drying (method A).

A scanning electron microscope was used to examine the impact of maintenance cycles on fiber morphology. The method involves scanning the surface of the examined object using an electron beam. Unfortunately, materials with poor conductivity require a conductive coating (e.g., 7 nm of gold) to reduce electron scattering on the sample surface and prevent loss of resolution. Microscopic images were taken using a field emission scanning electron microscope (FE-SEM), Hitachi SU8010 model, at an accelerating voltage of 5 kV. During the observations, in-situ measurements of the apparent widths and thicknesses of threads across the entire sample were performed.

This work presents the results of tests evaluating the impact of maintenance cycles on the morphology of the aforementioned fibers.

Acknowledge: The Polish Ministry of Family, Labour and Social Policy, agreement no. UM-1/DPP/PD/2023/02, task no.: 3.ZS.13.

#### Biography:

Ph.D. (Eng.) D.Sc. Magdalena Mlynarczyk is Head of the Thermal Loads Laboratory at Ergonomics Department, Central Institute for Labour Protection – National Research Institute (CIOP-PIB) in Warsaw, Poland. In her professional work, she deals with the issues of heat exchange between humans and the environment, the impact of the parameters of the external environment on humans, in terms of physiological changes and the possibility of experiencing thermal comfort. She is the author of many scientific publications in international and national journals. She is also a member of inter alia: the Polish Ergonomic Society (Warsaw branch) and the Scientific and Technical Committee of FSNT-NOT Ergonomics, Occupational Protection and Technology in Medicine.

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**WORLD NANOTECHNOLOGY  
CONFERENCE &**  
8<sup>TH</sup> EDITION OF INTERNATIONAL CONFERENCE ON  
**MATERIALS SCIENCE  
AND ENGINEERING**

**10-12, MARCH, 2025**

**ROME, ITALY**



**IN-PERSON:**

NH Villa Carpegna, Via Pio IV,  
6, 00165 Roma RM, Italy



**VIRTUAL:**

Central European Time Zone

(IN-PERSON)

<b>DAY 01</b>	<b>Monday</b>	<b>08:00-08:50</b>	Registrations	<b>MAR 10</b>
		<b>08:50-09:00</b>	Opening Ceremony and Introduction	
		<b>09:00-11:00</b>	In-person Keynote Presentations	
		<b>11:30-16:00</b>	In-person Oral Presentations	
		<b>16:30-17:00</b>	In-person Poster Presentations	
		<b>11:00-11:30-Coffee Break</b>		

(IN-PERSON)

<b>DAY 02</b>	<b>Tuesday</b>	<b>08:50-09:00</b>	Opening Note and Introduction	<b>MAR 11</b>
		<b>09:00-10:20</b>	In-person Keynote Presentations	
		<b>10:20-17:30</b>	In-person Oral Presentations	
		<b>11:00-11:30-Coffee Break</b>		

(VIRTUAL SESSION-ROOM 01)

<b>DAY 03</b>	<b>Wednesday</b>	<b>08:30-09:00</b>	AV Check	<b>MAR 12</b>
		<b>09:00-09:40</b>	Virtual Keynote Presentation	
		<b>09:40-13:00</b>	Virtual Oral Presentations	
		<b>13:00-13:20</b>	Virtual Poster Presentations	
		<b>13:20-15:20</b>	Virtual Keynote Presentations	
		<b>15:20-16:20</b>	Virtual Oral Presentations	

(VIRTUAL SESSION-ROOM 02)

<b>DAY 03</b>	<b>Wednesday</b>	<b>08:30-09:00</b>	AV Check	<b>MAR 12</b>
		<b>09:00-09:40</b>	Virtual Keynote Presentation	
		<b>09:40-12:40</b>	Virtual Oral Presentations	
		<b>12:40-13:20</b>	Virtual Keynote Presentation	
		<b>13:20-17:20</b>	Virtual Oral Presentations	

### Important Note

- The conference follows Central European Time (CET) for both In-Person sessions and for Virtual sessions.
- When the program refers to “Local Timings” it means that the timing mentioned is based on the time zone of the presenter’s country.
- In-person presentations will take place in the **Leonardo A Room@NH Villa Carpegna** and Virtual presentations will take place in Zoom meetings.
- Please remain accessible in the hall or on Zoom throughout the day as there could be minor program adjustments due to technical issues or presenter no-shows.

	CET	Local Timings	
Virtual	12:20-12:40	13:20-13:40	
<b>Mina Wassef Girgiss Nicola, National Research Centre, Egypt</b>			
Title: Diabetes Mellitus and nanotechnology			
Virtual	12:40-13:00	19:40-20:00	
<b>Vladimir Chigrinov, Hong Kong University of Science and Technology, Hong Kong</b>			
Title: Azodye photoaligned nanolayers for liquid crystal devices			
Virtual	13:00-13:10	15:00-15:10	Poster Presentations
<b>Faisal Bin Salem, King Saud University, Saudi Arabia</b>			
Title: Degradation of environmentally-friendly stabilized HDPE under accelerated weathering conditions			
Virtual	13:10-13:20	13:10-13:20	
<b>Magdalena Młynarczyk, National Research Institute, Poland</b>			
Title: Degradation of selected fibers as a function of maintenance cycles			
Virtual	13:20-14:00	09:20-10:00	Keynote Presentations
<b>Paulo Cesar De Morais, Catholic University of Brasilia, Brazil</b>			
Title: Exploring graphene oxide nanocomposites in cancer therapy			
Virtual	14:00-14:40	21:00-21:40	
<b>Thomas J Webster, Hebei University of Technology, China</b>			
Title: Recent advances in nanomedicine: Sensors, implants, artificial intelligence, saving the environment, human studies and more			
Virtual	14:40-15:20	09:40-10:20	
<b>Harry E. Ruda, University of Toronto, Canada</b>			
Title: Harnessing the unique transport properties of InAs nanowires for single molecule level sensing			
Virtual	15:20-15:40	19:50-20:10	Oral Presentations
<b>Vuppula Prasanna, Osmania University, India</b>			
Title: Developments in non-destructive testing of ceramic metal matrix composites for aerospace and defence applications			
Virtual	15:40-16:00	20:10-20:30	
<b>H. Sivaram, Rajalakshmi Institute of Technology, India</b>			
<b>Sriram Raghavan, Rajalakshmi Institute of Technology, India</b>			
Title: Nickel-Zinc based nanomaterials for dielectric properties and antenna applications			
Virtual	16:00-16:20	16:00-16:20	
<b>Ireneusz Musiałek, Jan Kochanowski University, Poland</b>			
Title: Tests on ecological electrorheological fluid			

# Degradation of selected fibers as a function of maintenance cycles

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## INTRODUCTION

Sustainability in the textile industry is becoming an increasingly important issue, especially in the protective clothing sector for workers.

The selection of materials directly impacts the environment, and responsible production and recycling, can significantly reduce negative ecological effects.

The production of protective clothing often involves the use of synthetic materials such as:

- polyester,
- polyamide or
- aramids,

due to their durability, resistance to mechanical damage and protective properties.

However, these materials have a **large carbon footprint** and a **long time to decompose** in the environment. Their production process **requires large amounts of energy, water and generates harmful chemical emissions**.

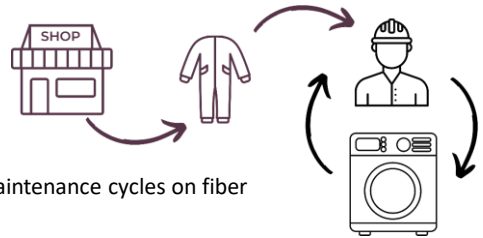


## INTRODUCTION

In this study, four textile materials used in protective clothing intended for protection against heat — containing fibers such as viscose, cotton, and synthetic fibres (eg. aramid, modacrylic, polyamide) — were analyzed.

Materials intended for protective clothing against heat and compliant with the standards EN ISO 11611, EN ISO 11612 and EN 61482-2 were selected for the tests.

It should be noted that the number of maintenance cycles affects the physical (protective) parameters of a given garment. The manufacturer declares the number of maintenance cycles (washing/drying) within which the garment is expected to meet the required standards.

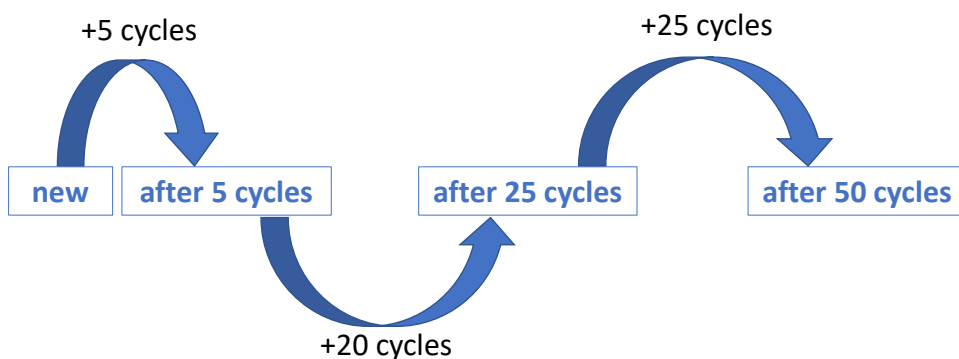


A scanning electron microscope (SEM) was used to examine the impact of maintenance cycles on fiber morphology.

**The research aims to optimize fabric production processes using cellulosic fibers. This study examines the impact of maintenance cycles on the morphology of natural and artificial fibers compared to synthetic fibers, as well as their continued usability while maintaining appropriate thermal properties.**

## MATERIAL SAMPLES / METHODOLOGY

	M0	M1	M2	M3
COMPOSITION	93% Nomex; 5% Kevlar; 2% antistatic fiber	25% cotton; 10% viscose; 42% modacrylic; 22% polyamide; 1% antistatic fiber	75% cotton; 24% polyester; 1% antistatic fiber	100% cotton



## CONCLUSIONS

- A characteristic phenomenon **after the first 5 washes** is a significant **increase in the thickness of the fabrics** (by approx. 30%) **regardless of the type of fibers** used, which simultaneously results in **an increase in thermal resistance**.
- **All fabrics** show a **significant decrease in thermal resistance after 50 washing cycles**, which results from the loosening of the yarn structure and the loss of fibers and/or their degradation.
- **Degradation of fabrics** under the influence of **maintenance occurs in both natural and synthetic fibers**. **The rate of degradation depends on the type of fibers**.
- **Cellulosal fibers degrade faster**, undergoing biodegradation. On the other hand, **degradation of synthetic fibers** causes the **emission of nanoplastics** into the environment.

## CONCLUSIONS

- **Analysis of the results showed** that **adding 35% of cellulosic fibers** to fabrics **reduces the consumption of synthetic materials** in production **without significantly changing the essential parameters of protective clothing**.
- **Partial replacement of synthetic fibers allows for the reduction of the use of petrochemical raw materials**, **reducing the impact of production on the natural environment**.

Even a small addition of natural/cellulosic fibers to fabrics reduces the negative impact on the environment.

Process optimization aims to reduce this negative impact.

## Degradation of selected fibers as a function of maintenance cycles



**Magdalena MŁYNARCZYK Ph.D. (Eng.), D.Sc.**

**Magdalena PŁOCIŃSKA Ph.D., Eng.**

**Agnieszka GRESZTA M.Sc., Eng.**



## Thank you for your attention



### Acknowledge

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